

Revision Timetables.

Many people find it useful toThey help you to focus on exactly what you need to revise.

2. They help you to think about the time available in the period leading up to exam.
3. They help to reduce exam anxiety because you can see your planning and preparation.
4. They help to discourage cramming. Trying to revise everything in the few or days

might split it into parts of a

The following example could be used weekly or monthly. This can help you to see if something needs more, or perhaps even less, time.

Please note that there are many more options. The times on this last example are on the left, but some people prefer them along the top. Also, some people like just a.m., p.m. and evening. Others like every half-hour to be accounted for. Make it suit you.

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If you would like an ASK tutorial, please

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